

Freshman to Sophomore Year Checklist

Spring/Summer Before Sophomore Year:

- Check **course requests** to make sure they are following your **career pathway**
- Start and continuously edit a **four year plan**
- Check to make sure you are on track to meet **graduation requirements**
- Plan to use your summer wisely: work, volunteer, internship experience
 - Explore summer opportunities

Fall of Sophomore Year:

- Join a club or sport! **Get involved!** Ask your counselor if you need a place to get started
- Research careers** that may be a good fit with your interests, skills, and goals
- Start building your **résumé**
 - What activities, volunteer experience, extracurriculars were you involved in last year?
 - Get involved in clubs, sports, and activities that you may not have been involved in last year

Spring of Sophomore Year:

- Register for classes for your **Junior Year**
 - Log on to Career Cruising** and other **Career Pathway** websites to help pick out classes that will prepare you for after high school
 - Talk to your counselor about college admissions requirements and **rigorous core requirements**
 - If you are interested in playing sports in college, make sure you are on track to meet **NCAA/NAIA Eligibility Requirements**
 - Interested in playing sports in college? Register with the **National Collegiate Athletic Association (NCAA) Eligibility Center** (www.ncaaclearinghouse.net) or **National Association of Intercollegiate Athletics (NAIA)** (www.naia.org) and meet with your counselor to make sure that you will be the 16 core course requirement
 - Take the **PreACT**
 - Start to think about **plans after high school and career possibilities**
 - What are your interests, skills, abilities, and passions?
 - What are your **options**?
 - Attend college/university
 - Join the military
 - Apprenticeship
 - Workforce
 - Jobcorps (www.jobcorps.gov)
 - Training and certification programs
- Keep your grades up
 - Check in to make sure you will meet **Graduation Requirements**
 - Remember your grades affect your **GPA and Class Rank**
- Attendance is important!**
 - Attendance affects performance and grades!

Helpful Websites:

- **Billings Senior High Website**
 - www.billingsseiorhigh.com
 - Announcements
 - Activity Calendar
 - School Calendar
 - Powerschool Login <https://powerschool.billings.k12.mt.us/public/home.html>
 - Drivers Ed
 - Course Catalog
- **Senior High Counseling Website**
 - www.bshscounseling.weebly.com
 - Request an appointment with your counselor
 - 4 year plan worksheet
 - Career Information
 - Military
 - College
 - Scholarships
 - Announcements
- **NCAA Eligibility Center**
 - www.ncaaclearinghouse.net
- **NAIA Eligibility Center**
 - www.naia.org

Career Path Information:

- Mtcis.intocareers.org
- <http://www.mus.edu/MCP/>
- **Career Cruising** via PowerSchool
 - Log on to Powerschool
 - Click on box in top right hand corner--->
 - This will direct you to Career Cruising



Remind 101 Information:

- **How to sign up for BSHS Counseling's Class of 2022 messages:**
- **To receive messages via TEXT:**
 - Enter phone #: **406-206-9288**
 - Enter message: **@bshs22**
 - **You can opt-out of messages at anytime by replying, 'unsubscribe @bshs22'.*
- **To receive messages via EMAIL:**
 - Email: bshs22@mail.remind101.com
 - Subject: (You can leave the subject blank)
 - **To unsubscribe, reply with 'unsubscribe' in the subject list*